



## FC Parent Expectations

1. Avoid coaching from the sidelines. Cheer, but **do not coach** from the sidelines. Coaches do not need conflicting messages being sent and players need to be able to hear the team coach.
2. Encourage your player to solve her own problems, and take responsibility for her own actions, rather than you doing it. This means:
  - a. Players should call the coach beforehand if missing practice;
  - b. Players should communicate problems to the coaching staff first (don't like position, injury, missing an upcoming game/event) before parents do;
  - c. If they are not happy about playing time, urge him/her to do something positive about it (work harder, find out what the coach wants, work her way up the ladder, or, accept her role) rather than you, the parent, doing it.
3. Help your player take responsibility for rest and meals. Be sure she gets sleep the night before games, and eats carbohydrate-loaded, quality pre-game meals with respect to kick-off or practice times.
4. Get your player to and from practice, and to and from games, on time. Players should arrive prior to a game or practice at the coach's instruction. Parents should arrive early at practices and 5 minutes prior to the end of practice to pick up their athletes. **PLEASE NOTE:** *The second to last parent picking up players from practice or games, agrees to wait with the coach until the last parent arrives to pick up their player.*
5. Avoid making negative comments in front of your player or any other member. This includes comments regarding coaches, parents, administrators, or players. Such talk will affect the player's attitudes, interactions, or performances.
6. Respect the competition. Without competition we would have no one to play and no way to improve. This means refraining from negative comments directed at the competition from the sidelines and after games.
7. Think in terms of 'team interest first'. This means: a) playing time may not be equal or guaranteed; b) players will be asked to play in positions that may not their favorite, but are the best for the team; c) a commitment to the team does not include missing practices; d.) attending all team tournaments e) avoid distracting behavior at tournaments.
8. Realize all players must compete for their spot on the field, the bench and the roster. As much as the kids are loved as human beings, no players will be carried who cannot or do not contribute to the team.
9. Players and parents should be flexible and supportive of their team coach
10. Be respectful to all referees – Negative comments from the sideline, force referees to quit. We are in short supply of referees so please choose to support rather than criticize.
11. Parents who cannot display appropriate behavior on the sidelines will be asked/expected to leave the game. Consistent displays of inappropriate behavior by parents can result in suspension of game attendance for a period of time and/or loss of playing time for their players. If the problem continues the club has the option to drop the player from the club.
12. Be considerate as to when to and when not to speak to the coaches. A bad time would be:
  - a. before or during practice;
  - b. before, during, or immediately after games.
  - c. If you feel the need to talk to a coach, ask if there is an appropriate time. Also, please try to avoid calling coaches after 9 p.m. or anytime on Sundays.
13. All parents are expected to volunteer to serve the club in some capacity
14. There is a financial commitment for joining the club that includes purchasing uniforms, tournament fees and travel expenses above and beyond club registration fees

Parent Name: \_\_\_\_\_ Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_